

Stewpot June 2025 Newsletter

Summer is Here



Stewpot's Mailing Address

**Please send all Stewpot correspondence and
donation checks to P.O. Box 2278,
Little Rock, AR 72203.**

Stewpot Receives Socks and Underwear from Bombas



In May 2025, Little Rock Stewpot received 12 boxes containing a total of 3,000 pairs of Bombas socks. Socks included various sizes and included both over the calf and ankle socks.

A month later Stewpot received 29 boxes containing a total of 2200 pieces of Bombas underwear. The underwear included various sizes of men's boxers and T-shirts and various sizes of Women's T-shirts and briefs.

Due to lack of storage space at The Salvation Army facility, the socks and underwear were shipped and stored at Ferncliff. Emily Hooker, Director of Mission & Outreach for Ferncliff Camp and Conference Center, was responsible for storing and distributing the socks. Bombas socks and underwear cannot be sold but can be donated to charities and nonprofit organizations.







1st Wednesday Group Prepares Stewpot Meal

The 1st Wednesday Group assembled at 9:30 a.m. on Wednesday, May 7th, and prepared 72 meals for the Stewpot diners. The 1st Wednesday group is composed of individuals primarily from Westover Hills Presbyterian Church along with a few members from other churches. The meal included a cup of hot Hoppin' John, a cup of sliced peaches, a peanut butter sandwich (jelly was included in a separate package), a bag of chips, and a plastic spoon. Jason prepared the Hoppin' John which is a hearty Southern dish of rice, ham, turnip greens, tomatoes, chicken broth, garlic, salt, pepper, Cajun

seasoning, sauteed onions and green peppers and a little dash of love.



Some of the 1st Wednesday Group



Preparing the Food



The Food



The Food

Jason Cooks Special Meal for Stewpot

Jason, Stewpot Day Manager, is always looking for new menu items for the Stewpot diners. On Wednesday, June 4th, he cooked Shepherd's Pie.

Shepherd's pie is a traditional British casserole typically made with a ground meat and vegetable filling, topped with mashed potatoes. While often called "shepherd's pie," it's also known as "cottage pie," and some recipes may use beef instead of lamb. The key difference between the two is the meat: shepherd's pie traditionally uses ground lamb, while cottage pie uses ground beef.

Jason used ground beef, mixed vegetables, sauteed onions and peppers, salt, pepper, garlic beef gravy with mashed potatoes on top. It was delicious!



Stewpot Receives Grant



Last month the Arkansas Food Bank brought to our attention that nonprofits working with them could apply for up to \$5,000 to build up their organizational capacity to feed the food-insecure people we serve. Stewpot decided that helping with the repair of our walk-in freezer was the highest priority. The grant was submitted, and we were notified that we will be receiving the full \$5,000. This will give Stewpot more freezer storage space to accept donations. The total cost for the repair of the walk-in freezer will be approximately \$15,000. Stewpot will be looking for additional funding to complete the project.



STEW POT Celebrates Jason's Birthday

On Wednesday, May 14th, the Stewpot helped Jason celebrate his 43rd birthday. Jason is the Day manager of the Stewpot and is responsible for the daily operations. Jason plans and cooks many of the meals for the Stewpot diners.

His celebration was a surprise and included cake and ice cream for Jason and some of the Stewpot workers, as well as some of the Salvation Army staff.





Pizza for the Stewpot

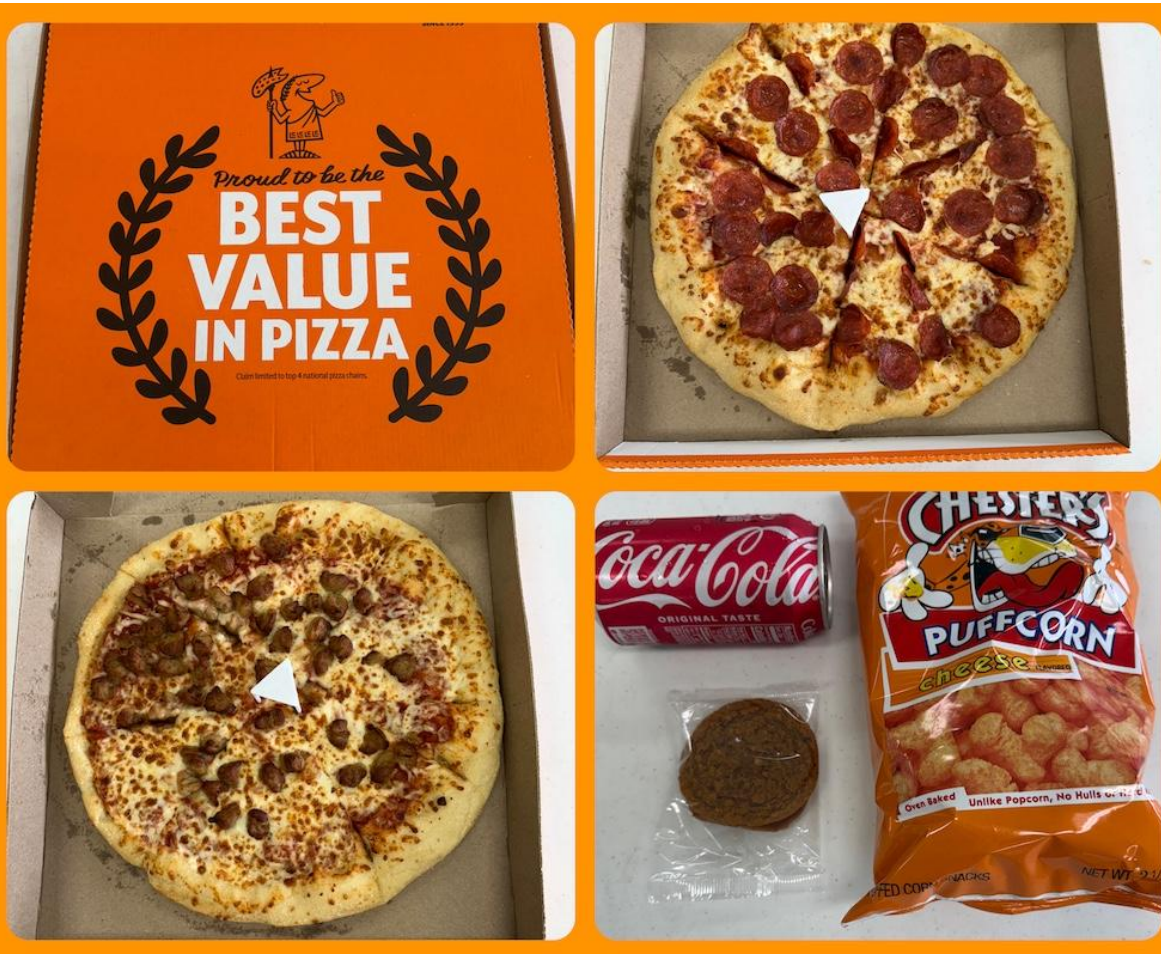
On Wednesday, May 14th, Arkansas Health & Wellness (AHW) sponsored a special treat for the diners at the Stewpot. AHW bought 30 sausage and pepperoni pizzas from Little Caesars and patrons of all ages received first (and seconds!) of hot, fresh and tasty pizza. Jason Benbrook of the Stewpot celebrated his birthday and was kind enough to serve as a "taste tester" for the pepperoni variety. There was enough pizza to share with the

Salvation Army residents for dinner. AR Health and Wellness is best known locally for sponsoring health insurance products under its Ambetter brand.









Stewpot Cookout

Executives from Arkansas Health & Wellness (AHW) met at the Salvation Army on Friday (the 6th of June) to grill hamburgers and bratwurst for lunch for the Stewpot diners! Besides all the good stuff that goes with burgers and dogs (buns, relish, mayo, mustard, etc.), AHW provided an assortment of chips, soft drinks, and the always popular Little Debbie snack cakes. While the turnout was a bit lower than expected, the extras were kept by the Salvation Army for the weekend, so nothing got wasted! Arkansas Health & Wellness is an Arkansas Health Plan best known for its lines of business:

Wellcare, Allwell, Ambetter, Arkansas Total Care and QualChoice of AR and is owned by St. Louis-based Centene Corporation.





The Cooks





Diners Enjoying the Cookout Feast



Hamburger & Bratwurst with Condiments



Nexstar's Founders Day Brings Community Spirit to Stewpot

Friday, June 20 was a red-letter day at Stewpot, as we had the pleasure of welcoming a dynamic group of volunteers from Nexstar in celebration of their Founders Day of service. We were honored to be chosen once again as one of the organizations where their team could make a meaningful impact.

From the moment they arrived, the energy was contagious. With enthusiasm and purpose, the group jumped right into our project for the day: assembling special care bags for our diners. Thanks to Stewpot's role as a local distribution point for the Bomba's sock program, we were able to fill each reusable bag with essentials including a pair of socks, a t-shirt, and underwear — with options for both men and women.

The bags also included a selection of snacks and treats: fruit cups, Slim Jim's, Vienna sausages, Chips Ahoy cookies, Cheez-Its, and a pack of nuts — all small comforts that mean a great deal to those we serve.

Once the bags were assembled, our volunteers shifted gears and headed to the buffet line, ready to serve up a

hearty meal and meet the community face-to-face. The day's menu featured BBQ sandwiches, homemade potato salad, baked beans, and coleslaw, topped off with a sweet treat of Zingers for dessert.

Volunteers handed each diner a goodie bag at the end of the line — and there was enough food for seconds, even thirds for some.

We are deeply thankful to Nexstar for choosing Stewpot as one of their Founders Day service sites. Their commitment to giving back brought joy, nourishment, and a powerful sense of community to everyone involved.

Together, we made a difference.



Nexstar Stewpot Stars



Pork Barbecue, Baked Beans, Slaw and Potato Salad



Official Taster



Grateful Diners enjoy food and fellowship



Bag Contents



The Food

Stewpot Holidays

New Year's Day

Martin Luther King Day

Good Friday

Memorial Day

Juneteenth

Independence Day (4th of July)

Labor Day Thanksgiving Friday after Thanksgiving Christmas Eve Christmas Day

Make a Donation to Stewpot

Stewpot,s financial support comes from donations from churches, individuals, corporations and grants. With moving costs, food costs rising and our numbers increasing each month, we really need your financial support. Please help support the Stewpot. Checks can be mailed to The Little Rock Stewpot, Post Office Box 2278, Little Rock, AR 72203.

You can also make an online donation by clicking on Make a Donation below. When you click on Make a Donation, you will have the option of making an online donation with either PayPal or a credit card.

Make a Donación

[Post Office Box 2278, Little Rock, AR 72203]
[stewpotlr@gmail.com]
[<http://www.stewpot-littlerock.org/>]

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Little Rock Stewpot | P.O. Box 2278 | Little Rock, AR 72203 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!